

# PARROT KINDERGARTEN

STOP GUESSING, START TALKING!

## Get Ready for an Extraordinary Parrot Training Session! By Justice Bellar, CPBT

Are you wondering how to “set up for success” with a behavior trainer? (Parrot Kindergarten calls me their “School Counselor!”) Jen says, “If our human kids need counseling, we’re right there scheduling an appointment – and no less for our little parrot kids when they are having a hard time!”

As a parrot training expert with years of experience, I know that working with a behavior consultant changes the lives of parrots AND their bird parents in meaningful and lasting ways 😊

Here’s a handy guide with some valuable tips and what to expect during your time with a Behavior Trainer.

### 1. Prep Work for Success:

**Capture Behaviors on Video or Photo:** Your parrot behavior consultant can offer more precise guidance if you share specific behaviors you’d like to address. Capture short videos or photos of your parrot exhibiting the behaviors in question and send them ahead of time.

**Warm-Up Session:** Spend a few minutes working with your parrot just before the session. This helps your feathered friend get into the training mindset and ensures they’re ready to showcase their skills during the call.

### 2. The Session Itself:

**Comfort is Key:** Find a quiet and comfortable space for the session where you and your parrot can focus without distractions.

**Be Prepared to Learn:** Justice will guide you through various training techniques and offer insights into understanding your parrot’s behavior. Prepare any questions you may have, as this is a fantastic opportunity to deepen your knowledge.

### 3. Post-Session Reflection:

**Reflect on Progress:** After the session, take a moment to reflect on what you’ve learned. Implement the techniques discussed and observe your parrot’s progress over the following days.

**Stay Connected:** Feel free to reach out with any follow-up questions or updates on your parrot’s behavior. We’re here to support you on your training journey.

### 4. Additional Tips:

**Patience is a Virtue:** Behavioral changes take time. Be patient with both yourself and your parrot as you navigate this training adventure.

**Positive Reinforcement:** Your behavior consultant should focus on positive reinforcement techniques and environmental changes to effectuate lasting, positive change. Celebrate your parrot's successes, and don't forget to have fun during the training process!

Remember, each parrot is unique, and your behavior consultant's expertise will guide you in tailoring the training to your feathered friend's specific needs. We look forward to witnessing the positive transformations in your parrot's behavior!

Don't forget: Birds are sometimes complicated little bodies – and I think you are awesome!